

What you need to do:

Bake biscuits.

Wash up and clear away.

Show and explain how to be safe in the kitchen.

How you are going to do it:

Making and baking biscuits.

You will need to follow a recipe to make your biscuits, then put them in the oven to bake.

Whilst they are baking, you will need to wash up and clear away.

Whilst you are doing this, you will learn about being safe in the kitchen.

Before you start:

Tie back long hair

Put on an apron

Wash your hands

Collect everything you will need

This activity takes place in the kitchen so you will need to take your tub to the kitchen



Ingredients:

100g sugar
200g butter
300g self-raising flour
Few drops vanilla essence



Equipment:

Measuring scales	Knife or spoon
Mixing bowl	Baking trays
Sieve	Oven gloves
Wooden spoon	Tea towels

What to do:

TALK ABOUT HOW TO BE SAFE IN THE KITCHEN

Grease the baking trays using a small amount of butter

Heat oven to 180C or gas mark 4

Cream together the butter, sugar and vanilla essence

Sieve in the flour

Mix together well, stir with the spoon and then use your hands

Break off small bits of dough and press into rounds on the baking tray

Place the trays in the oven

Bake for 10 minutes

Remove trays and allow biscuits to cool before putting the biscuits into your tub

You will need to wash up, dry up and tidy up everything you have used

